HD 367 Spring, 2019

Tentative Course Schedule—Subject to *Change*

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| **Date** | **Topic** | **Reading** |
| 23 | THEORY: What is a Theory? Family Strengths TheoryIntroduction to the MEND program – Loma Linda Univ.Laying a sound foundation. How to Avoid a JerkAshley Madison – What not to doAPPLICATION: Discovery Dating ProgramASSIGNMENTS: Relate Inventory (Strengths and Assets) | Text Chapter (TC) 1SyllabusRelate Survey -Email |
| 28 | THEORY: Functionalist TheoryHow are we doing? A Cross Cultural ComparisonNeed for Family Relationship Education ProgramsFACILITATION: Elevate Curriculum (E) 1APPLICATION: Case StudyASSIGNMENTS: Re-Write Ben’s Story | TC 2Cherlin Video |
| 30 | Form and prepare in groups for your own facilitation day |  |
| 4 Feb | THEORY: Conflict TheoryGottman & Conflict ResolutionAPPLICATION: Case StudyASSIGNMENTS: Conflict Style | TC 3 |
| 6 | FACILITATION: E2 Self Care (V Stress & Conflict) |  |
| 11 | TOPIC: Family Dynamics & Coping Under StressAdult-Child Relationships and Roles in Times of Stress and Transition; Structural Family Functioning + SupportAPPLICATION: Case StudyASSIGNMENTS: Begin thinking about your own Theory and Intervention Resources/Strategies for a Family in Crisis | How to Help Children Through Parents Serious Illness… (HHC) Chapter 1 & 2 |
| 13 | FACILITATION: E3 Lay Foundation/Commitment |  |
| 18 | THEORY: Symbolic Interactionist Theory Ben’s Story - Share Rewrites With ClassAdult-Child RelationshipsAPPLICATION: Case StudyASSIGNMENTS: Love Languages Parents & Children | TC 4HHC3 |
| 20 | FACILITATION: E4 Enlighten/Love Maps |  |
| 25  | THEORY: Family Developmental TheoryAdult-Child Relationships Over Time (Roles Change)FACILITATION: E5 Affection & CaringAPPLICATION: Case StudyASSIGNMENTS: | TC 5HHC4 |
| 27 | FACILITATION: E5 Affection & Caring |  |
| 4 March | THEORY: Family Systems TheoryMarriage & Family Therapy InterventionSmart Steps Family Relationship Program OverviewAPPLICATION: Case StudyASSIGNMENTS: It Takes a Village – Identifying Individual & Family Community Supports  | TC6HHC5 |
| 6 | FACILITATION: E6 Attachment and Connection |  |
| 11 | THEORY: Social Exchange TheoryFamily Dissolution & DivorceAPPLICATION: Case StudyASSIGNMENTS: | TC7HHC6Comp Levels |
| 13 | FACILITATION: E7 Tame Conflict & Anger |  |
| 18 | **Spring Break** |  |
| 20 | **Spring Break** |  |
| 25 | THEORY: Feminist TheoryGender in Cultural ContextsAPPLICATION: Case StudyASSIGNMENTS: Take Bem Gender Role Inventory | TC8HHC7ShallitKill us SoftlyBikinis |
| 27 | FACILITATION: E8 Engage Social & Community Support |  |
| 1 April | TOPIC(S): Helping Children CopeAPPLICATION: Case StudyASSIGNMENTS: Journal on Personal Mindfulness | HHC8 |
| 3 | FACILITATION: Couples Connecting Mindfully (CCM) 1 |  |
| 8 | THEORY: Helping Children CopeAPPLICATION: Case StudyASSIGNMENTS: Journal on Personal Mindfulness | HHC9 |
| 10 | FACILITATION: CCM2 Relax (V Stress) |  |
| 15 | THEORY: Life Course TheoryGenerational Transm & Becoming a Transitional CharacterDiversity and Cultural Influences over the Fam Life CourseAPPLICATION: Case StudyASSIGNMENTS: Genogram online | TC9 |
| 17 | FACILITATION: CCM3 Openness & Mindful Movement |  |
| 22 | THEORY: Family Ecological TheoryCohabitation, Pornography, Societal over timeAPPLICATION: Case StudyASSIGNMENTS: Listen/Watch Therapist Porn/Presentation | TC10PPT + Aud Online |
| 24 | FACILITATION: CCM4 Trust Emergence/Sex |  |
| 29 | THEORY: Family Stress and Resilience TheoryFamily Violence, Cycle, PreventionAPPLICATION: Case StudyASSIGNMENTS: Find/Try/Journal on NEW stress reducer | TC11 |
| 1 | FACILITATION: CCM5 Listen Deeply |  |
| 6 | FACILITATION: CCM6 Speak the Truth |  |
| 8 | TOPIC(S): Conclusion – Putting it all TogetherShare Personal Theory, and Intervention Plan, for your case studiesAPPLICATION: Integrating your Personal Theory with Research Based Resources to support families in stress.ASSIGNMENTS: Present and share Personal Theory/Family Support Plan. | TC12 |
| Final |  |  |