HD 367 Spring, 2019

Tentative Course Schedule—Subject to *Change*

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| **Date** | **Topic** | **Reading** |
| 23 | THEORY: What is a Theory? Family Strengths Theory  Introduction to the MEND program – Loma Linda Univ.  Laying a sound foundation. How to Avoid a Jerk  Ashley Madison – What not to do  APPLICATION: Discovery Dating Program  ASSIGNMENTS: Relate Inventory (Strengths and Assets) | Text Chapter (TC) 1  Syllabus  Relate Survey -Email |
| 28 | THEORY: Functionalist Theory  How are we doing? A Cross Cultural Comparison  Need for Family Relationship Education Programs  FACILITATION: Elevate Curriculum (E) 1  APPLICATION: Case Study  ASSIGNMENTS: Re-Write Ben’s Story | TC 2  Cherlin Video |
| 30 | Form and prepare in groups for your own facilitation day |  |
| 4 Feb | THEORY: Conflict Theory  Gottman & Conflict Resolution  APPLICATION: Case Study  ASSIGNMENTS: Conflict Style | TC 3 |
| 6 | FACILITATION: E2 Self Care (V Stress & Conflict) |  |
| 11 | TOPIC: Family Dynamics & Coping Under Stress  Adult-Child Relationships and Roles in Times of Stress and Transition; Structural Family Functioning + Support  APPLICATION: Case Study  ASSIGNMENTS: Begin thinking about your own Theory and Intervention Resources/Strategies for a Family in Crisis | How to Help Children Through Parents Serious Illness… (HHC)  Chapter 1 & 2 |
| 13 | FACILITATION: E3 Lay Foundation/Commitment |  |
| 18 | THEORY: Symbolic Interactionist Theory  Ben’s Story - Share Rewrites With Class  Adult-Child Relationships  APPLICATION: Case Study  ASSIGNMENTS: Love Languages Parents & Children | TC 4  HHC3 |
| 20 | FACILITATION: E4 Enlighten/Love Maps |  |
| 25 | THEORY: Family Developmental Theory  Adult-Child Relationships Over Time (Roles Change)  FACILITATION: E5 Affection & Caring  APPLICATION: Case Study  ASSIGNMENTS: | TC 5  HHC4 |
| 27 | FACILITATION: E5 Affection & Caring |  |
| 4 March | THEORY: Family Systems Theory  Marriage & Family Therapy Intervention  Smart Steps Family Relationship Program Overview  APPLICATION: Case Study  ASSIGNMENTS: It Takes a Village – Identifying Individual & Family Community Supports | TC6  HHC5 |
| 6 | FACILITATION: E6 Attachment and Connection |  |
| 11 | THEORY: Social Exchange Theory  Family Dissolution & Divorce  APPLICATION: Case Study  ASSIGNMENTS: | TC7  HHC6  Comp Levels |
| 13 | FACILITATION: E7 Tame Conflict & Anger |  |
| 18 | **Spring Break** |  |
| 20 | **Spring Break** |  |
| 25 | THEORY: Feminist Theory  Gender in Cultural Contexts  APPLICATION: Case Study  ASSIGNMENTS: Take Bem Gender Role Inventory | TC8  HHC7  Shallit  Kill us Softly  Bikinis |
| 27 | FACILITATION: E8 Engage Social & Community Support |  |
| 1 April | TOPIC(S): Helping Children Cope  APPLICATION: Case Study  ASSIGNMENTS: Journal on Personal Mindfulness | HHC8 |
| 3 | FACILITATION: Couples Connecting Mindfully (CCM) 1 |  |
| 8 | THEORY: Helping Children Cope  APPLICATION: Case Study  ASSIGNMENTS: Journal on Personal Mindfulness | HHC9 |
| 10 | FACILITATION: CCM2 Relax (V Stress) |  |
| 15 | THEORY: Life Course Theory  Generational Transm & Becoming a Transitional Character  Diversity and Cultural Influences over the Fam Life Course  APPLICATION: Case Study  ASSIGNMENTS: Genogram online | TC9 |
| 17 | FACILITATION: CCM3 Openness & Mindful Movement |  |
| 22 | THEORY: Family Ecological Theory  Cohabitation, Pornography, Societal over time  APPLICATION: Case Study  ASSIGNMENTS: Listen/Watch Therapist Porn/Presentation | TC10  PPT + Aud Online |
| 24 | FACILITATION: CCM4 Trust Emergence/Sex |  |
| 29 | THEORY: Family Stress and Resilience Theory  Family Violence, Cycle, Prevention  APPLICATION: Case Study  ASSIGNMENTS: Find/Try/Journal on NEW stress reducer | TC11 |
| 1 | FACILITATION: CCM5 Listen Deeply |  |
| 6 | FACILITATION: CCM6 Speak the Truth |  |
| 8 | TOPIC(S): Conclusion – Putting it all Together  Share Personal Theory, and Intervention Plan, for your case studies  APPLICATION: Integrating your Personal Theory with Research Based Resources to support families in stress.  ASSIGNMENTS: Present and share Personal Theory/Family Support Plan. | TC12 |
| Final |  |  |